

## Medical Transportation Resource List

The following list includes local transportation services in the Southern Maryland Area

Name of Company or Program	Phone #	Type of Transportation	Payment Accepted
<b>AAA</b> <a href="https://www.aaatransport.net/">https://www.aaatransport.net/</a>	301-952-1193	Ambulance, Wheelchair Van & Sedan	Medicaid, Insurance & Pre- payment
<b>Calvert County Public Transportation</b> <a href="https://www.calvertcountymd.gov/885/Bus-Schedules">https://www.calvertcountymd.gov/885/Bus-Schedules</a>	410-535-4268	Mass transit	Self-pay
<b>First Class Ambulance</b> <a href="https://www.firstclassambulance.com/">https://www.firstclassambulance.com/</a>	443-432-3028	Ambulance & Wheelchair Van	Insurance & Pre- Payment
<b>LifeStyles</b> <a href="https://lifestylesofmd.org/">https://lifestylesofmd.org/</a>  Also serves the Senior Rides Program <a href="https://www.calvertcountymd.gov/3142/Transportation">https://www.calvertcountymd.gov/3142/Transportation</a>	301-609-9900	Wheelchair Van & Shuttle Service	Self-pay & Pre- payment For Senior Rides: Application required for subsidized transportation for seniors and persons with disabilities

Name of Company or Program	Phone #	Type of Transportation	Payment Accepted
<b>Medical Assistance Transportation Program</b> <a href="https://www.calverthealth.org/personalhealth/healthservices/matp.htm">https://www.calverthealth.org/personalhealth/healthservices/matp.htm</a>	410-414-2489	Medical Assistance Transportation sedan, wheelchair, or ambulance approval – 48 hours advance notice required	Medicaid
<b>SmartRides</b> <a href="https://www.transportationsouthernmd.com/">https://www.transportationsouthernmd.com/</a>	410-535-6932	Sedan Only	Pre-payment required
<b>Wheels to Wellness</b>	410-535-8396	Wheelchair Van	Grant Funded

For additional questions, contact the Integrated Care Management Department at  
410-535-8235



# Calvert Senior Rides



*LifeStyles, Inc.*

-293-0623 • [www.lifestylesofmd.org](http://www.lifestylesofmd.org)

**Providing subsidized transportation  
Services for Calvert County seniors and  
Persons with disabilities**

**Application required**

**For more information and to apply please contact:**



**Calvert County Office on Aging**  
1-410-535-4606, ext. 139  
[Chessa.Reid@calvertcountymd.gov](mailto:Chessa.Reid@calvertcountymd.gov)



*LifeStyles, Inc.*

**LifeStyles, Inc.**  
1-866-293-0623  
[info@lifestylesofmd.org](mailto:info@lifestylesofmd.org)

\*Partially funded by the Maryland Transit Administration's Senior Rides program,  
And in partnership with Calvert County Office on Aging.

\* Persons must provide at least a 2 day notice to allow for scheduling

# Calvert County Public Transportation



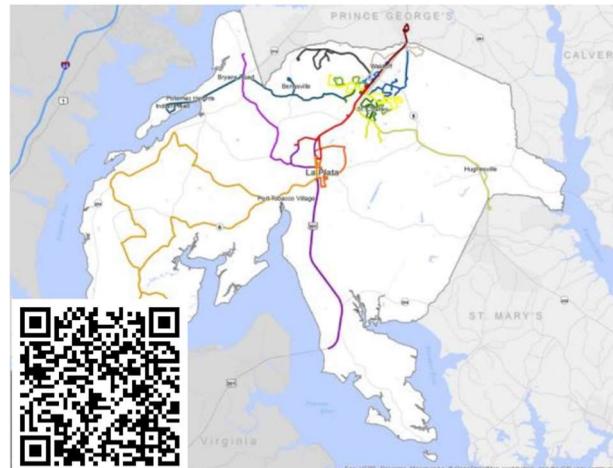
- Dunkirk** - Dunkirk to Huntingtown
- Lusby Shuttle** - Lusby to Solomons
- Prince Frederick Shuttle 1&2** - Serves Town Center
- Mid-County** - Prince Frederick to Solomons
- North Route** - Prince Frederick to North Beach
- South Route** - Prince Frederick to Solomons
- Charlotte Hall** - Calvert Pines to Charlotte Hall  
*Connects with Charles & St. Mary's County*



# Charles County's VanGO



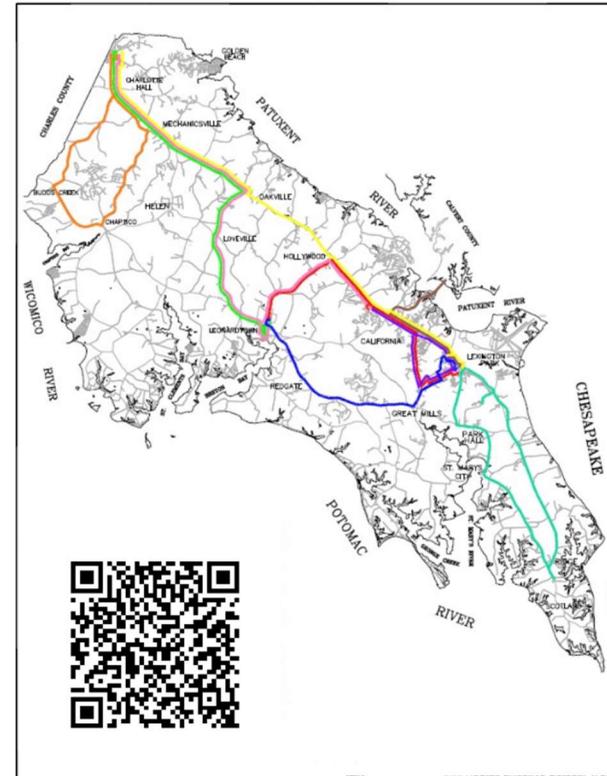
- 301 Connectors 1 & 2** - Waldorf to La Plata  
*Connects to MTA Bus 610, 620, 650*
- Berry Road** - Runs Berry Road/228  
*Connects to MTA Bus 610, 620*
- Brandywine Connector** - Waldorf to Brandywine  
*Connects with PG Co. at Brandywine Crossing*
- Bryans Road** - La Plata to Bryans Road  
*Connects with MTA 620*
- Business A & B** - Waldorf Business Hubs
- Charlotte Hall** - Waldorf to Charlotte Hall  
*Connects with STS & Calvert*
- CSM Connector** - Campus Connection
- Indian Head** - Waldorf to Indian Head
- La Plata** - The La Plata Loop  
*Connects with MTA 650*
- Nanjemoy** - La Plata to Nanjemoy
- Newburg** - La Plata to Newburg  
*Connects MTA 650*
- Pinefield** - Old Washington Loop  
*Connects to MTA 610,620*
- St. Charles A, B, C & D** - Waldorf Residential  
*Connects to MTA 610,620 & RT D connects to 640, 735*



# St. Mary's County Transit System



- California** - Leonardtown to Lexington Park
- Charlotte Hall** - Charlotte Hall to Leonardtown  
*Connects with VanGO & Calvert*
- Great Mills** - Lexington Park to Leonardtown
- County Span** - Charlotte Hall to Lexington Park  
*Connects with MTA bus 705, 715*
- Calvert Connection** - Lexington Park to Solomons
- Northern** - Charlotte Hall to Budds Creek
- Southern** - Lexington Park to St. Mary's City
- Great Mills/ California** - Great Mills to California
- Leonardtown** - Charlotte Hall to California  
*Connects with MTA Bus 705, 715*



# MDOT/MTA Commuter Bus



- 610 - Waldorf to National Harbor
- 620 - Waldorf to DC
- 630 - La Plata/Waldorf to DC
- 640 - Waldorf/Accoek to DC
- 650 - La Plata/Waldorf/Accoek to DC
- 705 - Charlotte Hall/Waldorf to DC
- 715 - Charlotte Hall/Waldorf to DC
- 725 - California/Charlotte Hall to DC
- 735 - Charlotte Hall/Waldorf to DC
- 820 - North Beach/Equestrian Center to DC
- 830 - Sunderland/Dunkirk to DC
- 840 - St. Leonard/Prince Frederick to DC
- 850 - Prince Frederick/Dunkirk to Suitland/DC



## Contact your Transit Agency!

**Maryland Transit Authority**  
[www.MTA.Maryland.gov/Schedule](http://www.MTA.Maryland.gov/Schedule)  
 866-743-3682

**St. Mary's Transit System**  
[www.StMarysCountyMD.gov/DPW/STS-Transit](http://www.StMarysCountyMD.gov/DPW/STS-Transit)  
 301-475-4200 Ext. 1120

**Charles County's VanGO**  
[www.go-VanGO.com](http://www.go-VanGO.com)  
 301-609-7917

**Calvert County Public Transportation**  
[www.CalvertCountyMD.gov/885/Bus-Schedules](http://www.CalvertCountyMD.gov/885/Bus-Schedules)  
 410-535-4268

## Transportation Resources Persons with Disabilities

### The ARC of Southern Maryland

www.arcsomd.org | 410-535-2413

### Bay Community Support Services

www.baycss.org | 410-224-4205

### Center for Life Enrichment

www.tcle.org | 301-373-8100

### New Horizons Supported Services, Inc.

www.nhssi.org | 301-249-0206

### So. Maryland Center for Independent Living

www.smcil.org | 301-884-4498

### Spring Dell Center, Inc

www.springdellcenter.org | 301-934-4561

## Private Medical Transportation Providers

*Serving the Tri-County Area, call for rates*

### AAA Ambulance

aaatransport.net | 301-952-1193

### Chesapeake Medical Transportation Services

choosecmnts.com | 240-754-7870

### Smart Ride

transportationsouthernmd.com | 410-535-6932

## Paratransit

### The American Disabilities Act (ADA) and the Statewide Specialized Transportation

Assistance Program (SSTAP) ensures that transportation is available for disabled or elderly residents in the region. Please call your local public transit office (information within) to learn more and apply. Available for all ride types. 🇺🇸

## Stop-Gap Medical Transportation

*In Case of an Emergency, Please Dial 911*

Wheels to Wellness is a stop gap program that gets transit dependent residents, who do not qualify for other programs, to their medically necessary appointments. This program may also be used for interim periods while applications are pending for other programs. Please contact the Care Coordinator at your doctors office to see if you qualify. 🇺🇸

State Medical Assistance (Medicaid) recipients may qualify for last-resort transportation. Please call your **Local Health Department** to find out more.

Calvert County | 410-414-2489

Charles County | 301-609-6900

St. Mary's County | 301-475-4296

### Contact Us

For more information on Tri-County Council for Southern Maryland's transportation programs please contact us at 301-274-1922

[transportation@tccsmd.org](mailto:transportation@tccsmd.org)



*This brochure has been brought to you by the Maryland Department of Transportation, Maryland Transit Administration, the Rural Maryland Council, the Commissioners of Calvert, Charles, & St. Mary's County, and the Tri-County Council for Southern Maryland*



# SOUTHERN MARYLAND



## RIDE GUIDE

### Tri-County Council for Southern Maryland

PO Box 745  
15045 Burnt Store Rd.  
Hughesville, MD 20637  
301-274-1922

## Senior Rides

Senior Rides is a primarily volunteer-run program that is partially funded by MDOT. Agencies that participate in the program provide rides at **reduced rates** for seniors of low to moderate income. All ride types. 🇺🇸

Calvert County: Call the Office on Aging at 410-535-4606 Ext. 8777

Charles County: Call LifeStyles of Maryland at 301-609-9900 Ext. 210

St. Mary's County: Call the Dept. of Aging & Human Services at 301-475-4200 Ext. 1066

## Private Taxi Services

*Call your local cab service for rates*

### Calvert County:

Smart Ride: 410-535-6932

### Charles County:

Waldorf Silver Cab Service: 301-710-6283

Waldorf Yellow Cab: 301-885-3786

### St. Mary's County:

Southern Maryland Express: 888-313-9773

## SOMD Rides

Southern Maryland RIDES is a service provided by LifeStyles of Maryland for Charles and Calvert County residents assists with employment-related activities as well as medical transport. 301-609-9900 🇺🇸

## Car & Vanpool

Commuter Connections makes matches! To connect with other commuters traveling to the Washington Metro Region call 301-643-7257, email [transportation@tccsmd.org](mailto:transportation@tccsmd.org), or register at [www.commuterconnections.org](http://www.commuterconnections.org)